

2018 HOOPWEST SCHEDULE

October 19, 20 & 21, 2018

FRIDAY		
4:00 p.m.	Registration/Sign In	
5:00 p.m.	Opening Circle (Downstairs)	
5:30 p.m.	Ecstatic Dance (Downstairs) with Karen Berry	
	UPSTAIRS	DOWNSTAIRS
6:30 p.m.	Break It Down (intro) Kelly Janes	Attention Horse: BTB Edition Carla Snow
	15 minute transition	
7:45 p.m.	Tribal Bellydance Tanya Lee	Roll With It Daniella Duenas
	15 minute transition	
9:00 p.m.	The Wonderful World of Weaves (Introduction) Sarah Schireman	Get Down With Your Bad Self Babz Robinson
10:00 p.m.	CLOSED	

SATURDAY		
	UPSTAIRS	DOWNSTAIRS
9:00 a.m.	Open Flow Lab	Yoga with Keeley
10:00 a.m.	Exploring the Spiral Body Mo Bot	Dynamic Performance Technique Luma
	15 minute transition	
11:15 a.m.	Twin Escalators Melissa Daly	Sustained Explained: Adventures in Sustained Spinning Danielle Lee
12:30 p.m.	1 Hour Lunch Break	
1:30 p.m.	Circus Hoops Kate Ryan	Sandwiches (combos + flow) Babz Robinson
	15 minute transition	
2:45 p.m.	Veil Fans Cleo Zuurdeeg	Break Free (int/adv) Kelly Janes
	15 minute transition	
4:00 p.m.	Ghosting & Isolations Meaghan McQuade	Wonderful World of Weaves: Further Exploration Sarah Schireman
5:15 p.m.	GROUP PHOTO	
5:30 p.m.	SUPPER BREAK	
7:00 p.m.	Vendor Marketplace Open: Sip-n-Shop	
8:00 p.m. TO 01:00	Cabaret (Performances & LED Jam)	

SUNDAY		
	UPSTAIRS	DOWNSTAIRS
9:00 a.m.	Yoga With Kelly & Jenn	Open Flow Lab
10:00 a.m.	Movement Creation Kimberly Illott	Hoop Game Greatness Amanda Syryda
	15 minute transition	
11:15 a.m.	Dancing with your Flowmies Sam I Am	Intro to Triple Hoop Benjamin Berry
12:30 p.m.	1 Hour Lunch Break	
1:30 p.m.	Advanced Wedgie Wizardry Dagny Sanche	Flow with a Twist Carla Snow
	15 minute transition	
2:45 p.m.	Fun Foot Flow Blaire Hammer	Twin Escalators Melissa Daly
	15 minute transition	
4:00 p.m.	Short & Long String Levi Wand Justin Keats	Kicking It Old School with Babz, Carla & Kelly
5:15 p.m.	CLOSING Jam + Group Photo + Closing Circle	
6:00 p.m.	Event Finished	